

# El Cardón

## ACTIVE TOURISM

*Tenerife on foot 2008:*

### WALKING ROUTES:

#### PARQUE NACIONAL DEL TEIDE:

*Siete Cañadas/ Guajara/ Roques de García*

#### PARQUE RURAL DE TENO:

*Cumbres de Bolico/ Guergues/ Camino del Risco/ Abache/ Cuevas Negras  
La Fortaleza/ Callejón de Teno/ Talavera/ Las Moradas/ Teno –La Punta  
Ruta Teno Alto.*

*(Craftsmanship and tradition)*

*Barranco de Masca.*

*(plus boat trip along 'Los Gigantes' Cliffs)*

#### PARQUE RURAL DE ANAGA:

*Las Vueltas de Taganana/ Barranco de Afur/ La Ensellada/  
Chinamada-Punta de Hidalgo/ Cruz del Carmen/  
Chamorga-Faro-Roque Bermejo-Chamorga.*

#### PARQUE NATURAL DE LA CORONA FORESTAL:

*Arenas Negras/ Barranco de Tágara/ Barranco La Arena/  
Paisaje Lunar/ Los Órganos de La Orotava.*

#### RESERVA NATURAL ESPECIAL DEL CHINYERO/ MONTAÑA ROJA/ MALPAÍS DE GÜÍMAR/ BARRANCO DEL INFIERNO:

*Chinyero/ Montaña Roja/ Malpaís de Güímar.  
Barranco del Infierno.*

*(plus ticket)*

#### OTHER NATURAL AND CULTURAL PLACES:

*Santiago del Teide Nature/ Historic route around La Laguna/  
Historic route around Buenavista.  
Historic route around Garachico.*

#### BIRDSWATCHING ROUTES:

*Laurisilva/ El pinar/ La costa.*

### SPORT ACTIVITIES IN THE NATURE:

*\* Espeleology - Volcanic Tube: Cueva de San Marcos-*

*(< 15 persons).*

*(15- 30 persons).*

## EL CARDÓN educación ambiental

*\* Mountain bike around Monte del Agua.  
(Max 12 persons).*

### ACTIVITIES IN THE SEA:

*\* Whaleswatching.*

*(plus boat trip along 'Los Gigantes' cliffs and food on board)*

*\* Seekayak in Punta de Teno, Garachico or San Marcos.*

*(< 12 persons).*

*(12-24 persons).*

*(24-32 persons.)*

*\* Seekayak and Snorkel in Punta de Teno, Garachico or San Marcos.*

*(< 16 personas).*

*(16-32 personas).*

**Include (<30 persons)**

Profesional guides, security materials, insurances and tax.

## REFERENCES

El Cardón also manages the Bolico Hostel in Teno Rural Park and La Venta, a Centre of Natural Resources Development of Teno. It is a member of the Tourism Initiatives Centre in Buenavista del Norte and of the Quality System of the Tenerife Rural Foundation. El Cardón was awarded the MACT, a trade mark of the General Secretary of Tourism for fulfilling the required level for quality tourism.